

CHOOSE YOUR FORBS/LEGUMES

Common Name	Scientific Name <small>Flowering Period</small>	Lbs / acre PLS	Seeds / ft2 PLS	Coefficient of Conservatism	# Seeds / ft ² @ 1 lb. / ac	% of Mix	Functional Group
		Equivalent rate below					
Black-eyed Susan	Rudbeckia hirta <small>Summer, Fall</small>	0.112	3.800	3	33.792	9.50%	Biennial Forb
Gray-headed Coneflower	Ratibida pinnata <small>Summer, Fall</small>	0.091	1.000	4	11.019	2.50%	Perennial Forb
Illinois Bundle Flower	Desmanthus illinoensis <small>Summer</small>	0.130	0.200	5	1.5427	0.50%	Perennial Forb, Legume
Purple Prairie Clover	Dalea purpurea <small>Summer, Fall</small>	0.348	2.300	7	6.6116	5.75%	Perennial Forb, Legume
Sweet Coneflower	Rudbeckia subtomentosa <small>Summer, Fall</small>	0.013	0.200	6	15.7943	0.50%	Perennial Forb
Round-headed Bush Clover	Lespedeza capitata <small>Summer, Fall</small>	0.017	0.050	4	2.9385	0.13%	Perennial Forb, Legume
Old Field Goldenrod	Solidago nemoralis <small>Summer, Fall</small>	0.00091	0.100	5	110.1928	0.25%	Perennial Forb
Illinois Ticktrefoil	Desmodium illinoense <small>Summer</small>	0.032	0.050	6	1.5794	0.13%	Perennial Forb, Legume
Sneezeweed	Helenium autumnale <small>Summer, Fall</small>	0.021	1.000	5	47.7502	2.50%	Perennial Forb
Stiff Goldenrod	Oligoneuron rigidum <small>Summer, Fall</small>	0.0066	0.100	4	15.0597	0.25%	Perennial Forb
Swamp Milkweed	Asclepias incarnata <small>Summer</small>	0.028	0.050	4	1.7631	0.13%	Perennial Forb
Pale Purple Coneflower	Echinacea pallida <small>Summer</small>	0.105	0.200	7	1.9100	0.50%	Perennial Forb
Common Milkweed	Asclepias syriaca <small>Summer</small>	0.032	0.050	1	1.5743	0.13%	Perennial Forb
Rattlesnake Master	Eryngium yuccifolium <small>Summer, Fall</small>	0.018	0.050	7	2.7548	0.13%	Perennial Forb
Wild Bergamot	Monarda fistulosa <small>Summer, Fall</small>	0.0078	0.200	3	25.7117	0.50%	Perennial Forb
Hairy Aster	Symphyotrichum pilosum <small>Fall</small>	0.039	2.000	1	51.4233	5.00%	Perennial Forb
Oxeye, False Sunflower	Heliopsis helianthoides <small>Summer, Fall</small>	0.086	0.200	4	2.3140	0.50%	Perennial Forb
Large-flowered Beardtongue	Penstemon grandiflorus <small>Spring, Summer</small>	0.039	0.200	7	5.1423	0.50%	Perennial Forb
Obedient Plant	Physostegia virginiana <small>Summer, Fall</small>	0.0062	0.050	6	8.0808	0.13%	Perennial Forb
Golden Alexander's	Zizia aurea <small>Spring, Summer</small>	0.074	0.300	7	4.0404	0.75%	Perennial Forb
Virginia Mountain Mint	Pycnanthemum virginianum <small>Summer, Fall</small>	0.0025	0.200	4	80.8081	0.50%	Perennial Forb
Ironweed	Vernonia fasciculata <small>Summer, Fall</small>	0.023	0.200	4	8.8154	0.50%	Perennial Forb
Culver's Root	Veronicastrum virginicum <small>Summer</small>	0.0068	2.000	6	293.8476	5.00%	Perennial Forb
Prairie Cinquefoil	Potentilla arguta <small>Summer, Fall</small>	0.024	2.000	9	84.4812	5.00%	Perennial Forb
Compass Plant	Silphium laciniatum <small>Summer, Fall</small>	0.041	0.010	7	0.2	0.03%	Perennial Forb
Canadian Milkvetch	Astragalus canadensis <small>Summer</small>	0.320	2.000	5	6.2443	5.00%	Perennial Forb, Legume
Wild Prairie Onion	Allium stellatum <small>Summer</small>	0.012	0.050	9	4.0404	0.13%	Perennial Forb
Blue Sky Aster	Symphyotrichum oolentangiense <small>Summer, Fall</small>	0.0068	0.200	8	29.3848	0.50%	Perennial Forb
Wild Garlic	Allium canadense <small>Spring, Summer</small>	0.049	0.010	4	0.2	0.03%	Perennial Forb
Hoary Vervain	Verbena stricta <small>Summer, Fall</small>	0.019	0.200	2	10.2847	0.50%	Perennial Forb

