



**CHOOSE YOUR FORBS/LEGUMES**

Common Name	Scientific Name <small>Flowering Period</small>	Lbs / acre PLS	Seeds / ft2 PLS	Coefficient of Conservatism	# Seeds / ft <sup>2</sup> @ 1 lb. / ac	% of Mix	Functional Group
		Equivalent rate below					
<b>Black-eyed Susan</b>	<b>Rudbeckia hirta</b> <small>Summer, Fall</small>	0.118	4.000	3	33.792	10.00%	Biennial Forb
Gray-headed Coneflower	<b>Ratibida pinnata</b> <small>Summer, Fall</small>	0.073	0.800	4	11.019	2.00%	Perennial Forb
Illinois Bundle Flower	<b>Desmanthus illinoensis</b> <small>Summer</small>	0.065	0.100	5	1.5427	0.25%	Perennial Forb, Legume
<b>Purple Prairie Clover</b>	<b>Dalea purpurea</b> <small>Summer, Fall</small>	0.454	3.000	7	6.6116	7.50%	Perennial Forb, Legume
Illinois Ticktrefoil	<b>Desmodium illinoense</b> <small>Summer</small>	0.032	0.050	6	1.5794	0.13%	Perennial Forb, Legume
Round-headed Bush Clover	<b>Lespedeza capitata</b> <small>Summer, Fall</small>	0.0068	0.020	4	2.9385	0.05%	Perennial Forb, Legume
<b>Sweet Coneflower</b>	<b>Rudbeckia subtomentosa</b> <small>Summer, Fall</small>	0.0063	0.100	6	15.7943	0.25%	Perennial Forb
Foxglove Beardtongue	<b>Penstemon digitalis</b> <small>Summer</small>	0.031	1.500	5	47.7502	3.75%	Perennial Forb
Showy Ticktrefoil	<b>Desmodium canadense</b> <small>Summer</small>	0.050	0.100	6	2.0202	0.25%	Perennial Forb, Legume
<b>Hoary Vervain</b>	<b>Verbena stricta</b> <small>Summer, Fall</small>	0.078	0.800	2	10.2847	2.00%	Perennial Forb
<b>Swamp Milkweed</b>	<b>Asclepias incarnata</b> <small>Summer</small>	0.028	0.050	4	1.7631	0.13%	Perennial Forb
<b>Pale Purple Coneflower</b>	<b>Echinacea pallida</b> <small>Summer</small>	0.157	0.300	7	1.9100	0.75%	Perennial Forb
<b>Common Milkweed</b>	<b>Asclepias syriaca</b> <small>Summer</small>	0.032	0.050	1	1.5743	0.13%	Perennial Forb
<b>Rattlesnake Master</b>	<b>Eryngium yuccifolium</b> <small>Summer, Fall</small>	0.036	0.100	7	2.7548	0.25%	Perennial Forb
<b>Wild Bergamot</b>	<b>Monarda fistulosa</b> <small>Summer, Fall</small>	0.019	0.500	3	25.7117	1.25%	Perennial Forb
<b>White Prairie Clover</b>	<b>Dalea candida</b> <small>Summer, Fall</small>	0.430	3.000	9	6.9789	7.50%	Perennial Forb, Legume
<b>Oxeye, False Sunflower</b>	<b>Heliopsis helianthoides</b> <small>Summer, Fall</small>	0.130	0.300	4	2.3140	0.75%	Perennial Forb
Large-flowered Beardtongue	<b>Penstemon grandiflorus</b> <small>Spring, Summer</small>	0.058	0.300	7	5.1423	0.75%	Perennial Forb
Obedient Plant	<b>Physostegia virginiana</b> <small>Summer, Fall</small>	0.012	0.100	6	8.0808	0.25%	Perennial Forb
Golden Alexander's	<b>Zizia aurea</b> <small>Spring, Summer</small>	0.074	0.300	7	4.0404	0.75%	Perennial Forb
<b>Ironweed</b>	<b>Vernonia fasciculata</b> <small>Summer, Fall</small>	0.034	0.300	4	8.8154	0.75%	Perennial Forb
Prairie Cinquefoil	<b>Potentilla arguta</b> <small>Summer, Fall</small>	0.018	1.500	9	84.4812	3.75%	Perennial Forb
Sneezeweed	<b>Helenium autumnale</b> <small>Summer, Fall</small>	0.031	1.500	5	47.7502	3.75%	Perennial Forb
<b>Compass Plant</b>	<b>Silphium laciniatum</b> <small>Summer, Fall</small>	0.041	0.010	7	0.2	0.03%	Perennial Forb
Canadian Milkvetch	<b>Astragalus canadensis</b> <small>Summer</small>	0.112	0.700	5	6.2443	1.75%	Perennial Forb, Legume
<b>Blue Sky Aster</b>	<b>Symphotrichum oolentangiense</b> <small>Summer, Fall</small>	0.017	0.500	8	29.3848	1.25%	Perennial Forb
Prairie Sunflower	<b>Helianthus pauciflorus</b> <small>Summer, Fall</small>	0.0051	0.010	8	1.9515	0.03%	Perennial Forb
<b>Butterfly Weed</b>	<b>Asclepias tuberosa</b> <small>Summer</small>	0.0063	0.010	7	1.5794	0.03%	Perennial Forb



