



**CHOOSE YOUR FORBS/LEGUMES**

Common Name	Scientific Name	Lbs / acre PLS	Seeds / ft2 PLS	Coefficient of Conservatism	# Seeds / ft² @ 1 lb. / ac	% of Mix	Functional Group
	Flowering Period	Equivalent rate below					
Illinois Ticktrefoil	Desmodium illinoense Summer	0.019	0.030	6	1.579	0.30%	Perennial Forb, Legume
Foxglove Beardtongue	Penstemon digitalis Summer	0.025	1.200	5	47.750	12.00%	Perennial Forb
<b>Pale Purple Coneflower</b>	Echinacea pallida Summer	0.105	0.200	7	1.9100	2.00%	Perennial Forb
Cream Gentian	Gentiana alba Summer, Fall	0.0097	0.500	5	51.4233	5.00%	Perennial Forb
<b>Prairie Blazing Star</b>	Liatris pycnostachya Summer, Fall	0.012	0.050	7	4.0404	0.50%	Perennial Forb
Thimbleweed	Anemone cylindrica Summer	0.0052	0.050	7	9.5500	0.50%	Perennial Forb
Tall Thimbleweed	Anemone virginiana Summer	0.0049	0.050	5	10.2847	0.50%	Perennial Forb
Wild Petunia	Ruellia humilis Summer	0.010	0.020	5	1.9100	0.20%	Perennial Forb
Obedient Plant	Physostegia virginiana Summer, Fall	0.012	0.100	6	8.0808	1.00%	Perennial Forb
White Sage	Artemisia ludoviciana Summer, Fall	0.020	1.800	4	91.8274	18.00%	Perennial Forb
Wild Prairie Onion	Allium stellatum Summer	0.050	0.200	9	4.0404	2.00%	Perennial Forb
Prairie Sunflower	Helianthus pauciflorus Summer, Fall	0.026	0.050	8	1.9515	0.50%	Perennial Forb
Canadian Milkvetch	Astragalus canadensis Summer	0.280	1.750	5	6.2443	17.50%	Perennial Forb, Legume
<b>Culver's Root</b>	Veronicastrum virginicum Summer	0.0068	2.000	6	293.8476	20.00%	Perennial Forb
Prairie Cinquefoil	Potentilla arguta Summer, Fall	0.024	2.000	9	84.4812	20.00%	Perennial Forb



