



**CHOOSE YOUR FORBS/LEGUMES**

Common Name	Scientific Name <i>Flowering Period</i>	Lbs / acre PLS	Seeds / ft2 PLS	Coefficient of Conservatism	# Seeds / ft <sup>2</sup> @ 1 lb. / ac	% of Mix	Functional Group
		Equivalent rate below					
Tall Bellflower	Campanula americana <i>Summer, Fall</i>	0.0032	0.200	4	62.443	2.00%	Biennial Forb
Sweet Joe Pye Weed	Eupatorium purpureum <i>Summer, Fall</i>	0.0065	0.100	6	15.427	1.00%	Perennial Forb
Greenhead Coneflower	Rudbeckia laciniata <i>Summer, Fall</i>	0.0097	0.050	4	5.1423	0.50%	Perennial Forb
Columbine	Aquilegia canadensis <i>Spring, Summer</i>	0.0036	0.050	6	13.9578	0.50%	Perennial Forb
Maryland Senna	Senna marilandica <i>Summer</i>	0.016	0.010	6	0.6	0.10%	Perennial Forb, Legume
Round-headed Bush Clover	Lespedeza capitata <i>Summer, Fall</i>	0.010	0.030	4	2.9385	0.30%	Perennial Forb, Legume
Brown-eyed Susan	Rudbeckia triloba <i>Summer, Fall</i>	0.096	1.200	4	12.4885	12.00%	Biennial Forb
Tall Coreopsis	Coreopsis tripteris <i>Summer, Fall</i>	0.019	0.100	4	5.1423	1.00%	Perennial Forb
Wild Petunia	Ruellia humilis <i>Summer</i>	0.010	0.020	5	1.9100	0.20%	Perennial Forb
Showy Goldenrod	Solidago speciosa <i>Summer, Fall</i>	0.0086	0.300	7	34.8944	3.00%	Perennial Forb
Thimbleweed	Anemone cylindrica <i>Summer</i>	0.0052	0.050	7	9.5500	0.50%	Perennial Forb
Tall Boneset	Eupatorium altissimum <i>Summer, Fall</i>	0.011	0.200	3	18.3655	2.00%	Perennial Forb
Golden Alexander's	Zizia aurea <i>Spring, Summer</i>	0.124	0.500	7	4.0404	5.00%	Perennial Forb
Cream Gentian	Gentiana alba <i>Summer, Fall</i>	0.016	0.800	5	51.4233	8.00%	Perennial Forb
Alumroot	Heuchera richardsonii <i>Spring, Summer</i>	0.0047	1.200	8	257.1166	12.00%	Perennial Forb
Virginia Mountain Mint	Pycnanthemum virginianum <i>Summer, Fall</i>	0.012	1.000	4	80.8081	10.00%	Perennial Forb
Foxglove Beardtongue	Penstemon digitalis <i>Spring, Summer</i>	0.025	1.200	5	47.7502	12.00%	Perennial Forb
Sweet Coneflower	Rudbeckia subtomentosa <i>Summer, Fall</i>	0.032	0.500	6	15.7943	5.00%	Perennial Forb
Culver's Root	Veronicastrum virginicum <i>Summer</i>	0.0044	1.300	6	293.8476	13.00%	Perennial Forb
Prairie Cinquefoil	Potentilla arguta <i>Summer, Fall</i>	0.014	1.190	9	84.4812	11.90%	Perennial Forb



